

# The Center for Christian Counseling and Care, PLLC

1 West 10<sup>th</sup> Street, Shawnee, OK 74801 - 405-275-2222

Sara Pounds, MS, LPC

First name \_\_\_\_\_ Middle initial \_\_\_\_\_ Last name \_\_\_\_\_

Date of birth \_\_\_\_\_ Social security number \_\_\_\_\_ Male \_\_\_ Female \_\_\_

Phone: Cell \_\_\_\_\_ OK to receive text? Y N OK to leave msg? Y N

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Employer name \_\_\_\_\_ Work phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

Who may we thank for referring you? \_\_\_\_\_

Type of payment:  Private Pay  Insurance  EAP  Employer  Other \_\_\_\_\_

Primary insurance \_\_\_\_\_ Policy holder name \_\_\_\_\_

Policy ID# \_\_\_\_\_ Policy holder SS# \_\_\_\_\_ Policy holder date of birth \_\_\_\_\_

Relationship to patient \_\_\_\_\_ Employer \_\_\_\_\_

Secondary insurance \_\_\_\_\_ Policy holder name \_\_\_\_\_

Policy ID# \_\_\_\_\_ Policy holder SS# \_\_\_\_\_ Policy holder date of birth \_\_\_\_\_

Relationship to patient \_\_\_\_\_ Employer \_\_\_\_\_

\*\*\*\*If it is someone other than client\*\*\*\*

Person responsible for account: Name \_\_\_\_\_ Phone \_\_\_\_\_

Social Security # \_\_\_\_\_ Date of birth \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Note: Payment is expected at the time of service unless arrangements are made with your therapist prior to your appointment. You are responsible for the total amount of charge whether paid by you or a third party. The Center for Christian Counseling and Care, PLLC will file the claim to your insurance company. All pertinent information must be completed and signed by the authorizing person. If you have any questions about your fees, discuss them with your therapist. Charges not paid will be turned to a collection agency.

I further understand that I will be charged the full fee for any appointment not cancelled 24 hours in advance or for any appointment that I do not keep. My signature below indicates I understand and accept responsibility for services rendered at the time of each appointment.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Please describe the reason you are here \_\_\_\_\_

Student Status: Part time: \_\_\_\_\_ Full time: \_\_\_\_\_ Grade: \_\_\_\_\_  
Military Status: Active: \_\_\_\_\_ Sep/Ret: \_\_\_\_\_ Branch: \_\_\_\_\_  
Relationship Status: Married \_\_\_\_\_ Single \_\_\_\_\_ Widowed \_\_\_\_\_ Other \_\_\_\_\_

**Who Lives with you?**

Name	Date of Birth	Age	Relationship

**Mental Health/Medical Information**

1. Primary Care Physician \_\_\_\_\_ Phone Number \_\_\_\_\_
2. Serious Medical Illness/Accidents (Identify and give dates) \_\_\_\_\_  
\_\_\_\_\_
3. Are you currently on any medications? Yes      No  
If yes, please list \_\_\_\_\_
4. Any hospitalizations? Yes      No  
If yes, when and for what reason \_\_\_\_\_
5. Have you ever been treated for depression, anxiety or other mental health disorder? Yes      No  
If yes, by whom? \_\_\_\_\_ Internist/Family Dr.      OB/GYN      Psychiatrist
6. Please list any medications prescribed \_\_\_\_\_
7. Have you had any previous counseling? Yes      No  
If yes, when? \_\_\_\_\_
8. Are you or have you been under the care of a psychiatrist? Yes      No  
If yes, with whom and when? \_\_\_\_\_
9. Have you ever been treated for alcohol or drug abuse? Yes      No  
If yes, when and where? \_\_\_\_\_
10. Have you been the victim of physical or sexual abuse? Yes      No
11. Do you have suicidal thoughts? Yes      No
12. Have you recently had a suicide attempt? Yes      No      If yes, when? \_\_\_\_\_
13. Do you or have you ever had an eating disorder? Yes      No
14. Do you have any allergies? Yes      No  
If yes, please describe any adverse reactions \_\_\_\_\_
15. Is there past or present nicotine use? Yes      No

# **The Center for Christian Counseling and Care, PLLC**

1 West 10<sup>th</sup> Street, Shawnee, OK 74801-6801

Phone: 405-275-2222 Fax: 405-275-7740

**The Center for Christian Counseling and Care** facilitates mental, emotional, relational, and spiritual health in individuals, couples and families through counseling, education, and related services. This is our ministry. We do not seek to impose doctrine or our own theological views on our clients, but will certainly seek to utilize our clients' own faith understandings if they can be beneficial for treatment.

## **CONFIDENTIALITY**

Confidentiality means that therapists have a responsibility to you to safeguard information obtained during treatment. It is important that you understand that all identifying information about your assessment and treatment is kept confidential. Even within the agency, information about your case is only shared with those other therapists who might be able to enhance the services you receive.

In order to protect your confidentiality, any written, telephone, or personal inquiries about clients will not be acknowledged. You must sign a release of information before any information about you is given outside the agency. In order for us to coordinate our treatment with other mental health or medical professionals, we will ask you to sign a release of information to allow us to discuss or correspond with other professionals who may have been involved in your care.

It is important that you understand that the laws of the State of Oklahoma mandate exceptions to confidentiality in specific cases. In certain situations, mental health professionals are required by law to reveal information obtained during therapy to other persons or agencies without your permission. Also, in these situations we are not required to inform you of our actions.

1. A mental health professional is required to report suspected child abuse or neglect and to report suspected abuse of the disabled or elderly.
2. A mental health professional is required to disclose information to law enforcement personnel in order to protect the client or others when there is a high probability of imminent physical injury.
3. A mental health professional may be required by the court to disclose treatment information in proceedings affecting the parent-child relationship.
4. A mental health professional may disclose confidential information in proceedings brought by a client against a professional.
5. There is no confidentiality of mental health information in connection with criminal proceedings, except communications by a person voluntarily involved in a substance abuse program.
6. In the treatment of a minor client, a mental health professional may advise a parent or guardian of a minor, with or without the minor's consent, of the treatment needed by or given to the minor.

## **COURT PROCEEDINGS**

It is not the mission of The Center for Christian Counseling and Care to speak on behalf of our clients in current or potential court proceedings. Ethical and legal standards established by mental health professional licensing boards prohibit therapists from testifying as expert witnesses on behalf of their clients, as the nature of the therapist-client relationship inherently biases the therapist toward the client and any testimony can be potentially damaging to the therapeutic relationship. If you feel that you are involved in a case that has the potential to go to court, or you need an independent, objective psychological assessment for court purposes, please let the therapist know so that we can offer you the appropriate referral. In the event that the therapist is subpoenaed to testify in court on behalf of a client, the client will be charged, in advance, a fee of \$150 per hour for the therapist's time. We will require a \$1,000 retainer fee after being subpoenaed, and will issue a check back to clients for any hours not used in preparing for court, time travel to court, waiting in court to testify, and hours missed counseling other clients while in court.

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## **THE RISKS OF COUNSELING**

To allow you to make an informed decision about your treatment, please understand that you may experience discomfort, such as anger, depression, or frustration during therapy as you remember and therapeutically resolve unpleasant events. Seeking to resolve concerns between family members, marital partners, and other persons can similarly lead to discomfort as well as relationship changes that may not be originally intended.

The Center for Christian Counseling and Care is not an emergency service. Our therapists are not able to return your calls immediately or schedule you for immediate treatment. In the event of an emergency, please call 911 or go to the nearest emergency department.

The greatest risk of counseling is that it may not by itself resolve your concerns. We do our best to assess progress on a week-to-week basis. If a situation fails to improve or a situation deteriorates, we will provide referral to another professional for consultation or treatment.

## **BENEFITS OF COUNSELING**

Counseling has proven, in extensive outcome studies, to be successful in treating and helping individuals, couples, and families resolve: feelings of depression, failure, anxiety, or loneliness; unmanageable anger, hostility, or violence; persistent difficulty coping with stresses arising from life crises, such as death, divorce, acute or chronic illness, or unemployment; persistent problems with a child's behavior, school adjustment, or performance; chronic work difficulties or frequent job changes; alcohol or drug abuse; repeated financial difficulties; persistent feelings of dissatisfaction with marriage or family life; sexual concerns; and drastic weight fluctuations or irregular eating patterns.

## **FEES AND APPOINTMENTS**

The Center for Christian Counseling and Care accepts most insurance as well as SoonerCare and an array of Employee Assistance Programs (EAP's). Services may be covered in full or in part by your health insurance or employee benefit plan. You may want to contact your insurance provider to determine eligibility and coverage. Payment is expected at the time services are rendered.

Therapy sessions are by appointment only. If you do not show up for your scheduled therapy appointment, and you have not notified us at least 24 hours in advance, you will be subject to a missed appointment charge equal to a full session fee.

## **TERMINATION OF THERAPY**

You may leave therapy at any time. If you decide to discontinue therapy, please discuss your decision with your therapist.

If a situation fails to improve or a situation deteriorates, we will provide referral to another professional for consultation or treatment. If a problem is outside the boundaries of our competence (legal issues, financial planning, medication questions, etc.), we will refer you to another professional.

## Initials and Signature Page

I grant my permission for any therapy, testing, or diagnostic evaluation that the staff of The Center for Christian Counseling and Care may deem necessary in individual, marital or family therapy. I understand the potential for emotional discomfort and relationship changes not originally intended. I understand The Center for Christian Counseling and Care does not guarantee any particular results or outcome from the therapy process.

(Initials) \_\_\_\_\_

I understand and agree to the confidentiality policies of The Center for Christian Counseling and Care. These include the exceptions to confidentiality mandated by state law. These also include the possibility of sharing information shared in individual sessions, phone conversations, or written messages with those family members or other interested parties to whom I have granted a release of information.

(Initials) \_\_\_\_\_

If using third party reimbursement (i.e., insurance) to pay for my sessions, I understand and agree that my therapist will provide only that information necessary to the third party to process my claims.

(Initials) \_\_\_\_\_

I understand the risks of counseling as explained above. I understand that The Center for Christian Counseling and Care is not an emergency facility and in the event of an emergency, I agree to contact 911 or go to the nearest Emergency Department for treatment.

(Initials) \_\_\_\_\_

I understand that I will be required to pay a \$1,000 retainer fee if I am involved in a court case in which my attorney subpoenas my therapist to court for her or his testimony.

(Initials) \_\_\_\_\_

*(To be filled out with the therapist)* I agree to pay the fee of \_\_\_\_\_ per session for therapy services, and that **I can and will be charged for the same fee for a missed appointment not cancelled 24 hours in advance.** (Notice: Insurance carriers will not reimburse for missed sessions; client will be responsible for entire amount – not just copay).

(Initials) \_\_\_\_\_

I give my consent for treatment for myself or my child, \_\_\_\_\_, at The Center for Christian Counseling and Care. I understand all of the above sections that I have initialed, and agree to pay for services when received.

\_\_\_\_\_  
Client signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signed (spouse, child, or other)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signed (child or other)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Therapist signature

\_\_\_\_\_  
Date

***Confidential Information. Not to leave CCCC without consent***